

The best trainers in the best Facility!
Make this season your best ever

WE PRORATE!
Speak to our front office to enroll now!

BASKETBALL TRAINING

Buy 1 get
50% OFF
The second class
Call front office for details

Come train at North Jersey's premiere basketball training facility! Superdome's Elite trainers and coaches are some of the most experienced, most highly regarded professionals in the industry. All classes at Northvale location.

Great training for **Club Players** in season

Elite Group Training

Weekly sessions with high school and college trainers and coaches, giving your player that extra edge to supplement their existing Club and school efforts. These highly technical sessions will ensure they rise to the top.

Dribble, Shoot & Score

Players will build confidence while learning essential basketball techniques, including dribbling, passing, shooting, and defensive positioning. Older players will take their game to the next level with a focus on advancing skills, improving technique, and fostering a deeper understanding of the game.

Grades 1-4 - Wednesdays, 4:00 - 5:00pm **8 weeks \$265**

Fall II	Dec 4 th - Dec 25 th (4 weeks/\$99)	Winter II	Feb 26 th - April 16 th
Winter I	Jan 1 st - Feb 19 th	Spring	April 23 rd - June 11 th

Grades 5-8 - Wednesdays, 4:00 - 5:00pm **8 weeks \$265**

Fall II	Dec 4 th - Dec 25 th (4 weeks/\$99)	Winter II	Feb 26 th - April 16 th
Winter I	Jan 1 st - Feb 19 th	Spring	April 23 rd - June 11 th

Grades 1-4 - Saturdays, 9:00 - 10:00am **8 weeks \$265**

Fall II	Dec 7 th - Dec 28 th (4 weeks/\$99)	Winter II	March 1 st - April 19 th
Winter I	Jan 4 th - Feb 22 nd	Spring	April 26 th - June 14 th

Specialized Training

Basketball Skillz

This class emphasizes individual growth, team collaboration, and the joy of basketball, creating a rewarding experience for athletes at all skill levels.

Grades 1-4 - Mondays, 4:00 - 5:00pm **8 weeks \$265**

Fall II	Dec 2 nd - Dec 23 rd (4 weeks/\$99)	Winter II	Feb 24 th - April 14 th
Winter I	Dec 30 th - Feb 17 th	Spring	April 21 st - June 9 th

Grades 5-8 - Mondays, 4:00 - 5:00pm **8 weeks \$265**

Fall II	Dec 2 nd - Dec 23 rd (4 weeks/\$99)	Winter II	Feb 24 th - April 14 th
Winter I	Dec 30 th - Feb 17 th	Spring	April 21 st - June 9 th

Shooting & Scoring

Boost basket-scoring ability. Learn a variety of shooting techniques, positioning vs. defenders and more for success in the offensive end of the field.

Grades 2-4 - Thursdays, 4:00 - 5:00pm **8 weeks \$265**

Fall II	Dec 5 th - 26 th (4 weeks/\$99)	Winter II	Feb 27 th - April 17 th
Winter I	Jan 2 nd - Feb 20 th	Spring	April 27 th - June 12 th

Grades 5-8 - Thursdays, 4:00 - 5:00pm **8 weeks \$265**

Fall II	Dec 5 th - 26 th (4 weeks/\$99)	Winter II	Feb 27 th - April 17 th
Winter I	Jan 2 nd - Feb 20 th	Spring	April 27 th - June 12 th

Grades 2-4 - Saturdays, 10:00 - 11:00am **8 weeks \$265**


Fall II	Dec 7 th - 28 th (4 weeks/\$99)	Winter II	March 1 st - April 19 th
Winter I	Jan 4 th - Feb 22 nd	Spring	April 26 th - June 14 th

Private Basketball Training

Private basketball training offers personalized coaching tailored to an individual's strengths and areas for improvement, enabling faster skill development. It provides focused attention on technique, strategy, and conditioning, which can be harder to achieve in group settings.


1-on-1 and Semi-Private training available.
Call (201) 444-7660 to learn more.





Intro to Basketball Ages 3-4
Youth Basketball Ages 5-7

A fun-filled exposure to a popular sport! Nothing beats basketball for your child's first exposure to group sports, agility, balance and being comfortable playing sports with others and taking instruction from coaches! Intro to Basketball is for the little ones brand new to the sport, while Basketball Skillz steps up a notch in terms of training and development while keeping it fun and enjoyable!



See our Rising Stars flier for all our classes and Clinics with the latest dates and times!

BASKETBALL TRAINING

2024-2025

Note: Players must bring ball & water to each session.

REGISTRATION FORM

Parent's Name _____

Address _____

City _____ State _____ Zip _____

Email Address _____ Home Phone _____ Cell Phone _____

Participant's Name _____ Age _____
Program _____ Day _____ Time _____
<input type="checkbox"/> Fall II <input type="checkbox"/> Winter I <input type="checkbox"/> Winter II <input type="checkbox"/> Spring
FEE: \$ _____

Participant's Name _____ Age _____
Program _____ Day _____ Time _____
<input type="checkbox"/> Fall II <input type="checkbox"/> Winter I <input type="checkbox"/> Winter II <input type="checkbox"/> Spring
FEE: \$ _____

Participant's Name _____ Age _____
Program _____ Day _____ Time _____
<input type="checkbox"/> Fall II <input type="checkbox"/> Winter I <input type="checkbox"/> Winter II <input type="checkbox"/> Spring
FEE: \$ _____

Participant's Name _____ Age _____
Program _____ Day _____ Time _____
<input type="checkbox"/> Fall II <input type="checkbox"/> Winter I <input type="checkbox"/> Winter II <input type="checkbox"/> Spring
FEE: \$ _____

TOTAL: _____

- Credit Card Check Cash
 Mastercard Visa American Express Discover

Card Number: _____ Expiration Date _____ Security Code _____

Billing Address _____ Zip _____

Cardholder Name _____ Cardholder Signature _____

Make checks payable to "Superdome Sports" and mail to address below.

NO CLEATS - Turf shoes or sneakers only

Each player must submit a completed online waiver prior to play. Available at superdomesports.com/waivers



Superdome Northvale: 160 Legrand Ave, Northvale, NJ 07647 | Ph: (201) 444-7660
info@superdomesports.com | www.superdomesports.com